

Information Pack



LANCASHIRE & CUMBRIA CONSORTIUM OF
LOCAL MEDICAL COMMITTEES

Celebrating Excellence in General Practice





WELCOME

Welcome to the Lancashire & Cumbria Consortium of Local Medical Committees!

This pack has been put together for your information!



01772 863806



www.nwlmcs.org



@nwlmcs



Enquiries@nwlmcs.org



TABLE OF CONTENTS

01 What is a LMC?

02 The 5 LMCs

03 Our Services

04 Meet the Team

What is a LMC?

An independent body

Represents the interests of general practice and acts as its advocate, remains independent from political constraints and the need to satisfy other interests

A Statutory Body

Has rights and responsibilities defined in the NHS Acts & Regulations and serves as the local representative committee for all NHS GPs.

A Professional Body

Promotes quality and maintains standards of professional practice through support and demonstration in collaboration with other professional and educational bodies.

A democratic body

Elected by and comprising local GPs. LMCs have constitutions which prescribe the manner and frequency of elections and decision making based on democratic principles. All GPs who pay a levy contribution to the LMC have a right to vote.

Membership of the LMC and the consequent support it can offer is open to all doctors working in general practice, whether as principals in a GMS, PMS or APMS practice, salaried doctors, locums and other sessional doctors.

A representative body

Listens, debates and responds to feedback and represents the majority view of its GPs to NHS England, ICBs and other national and local organisations

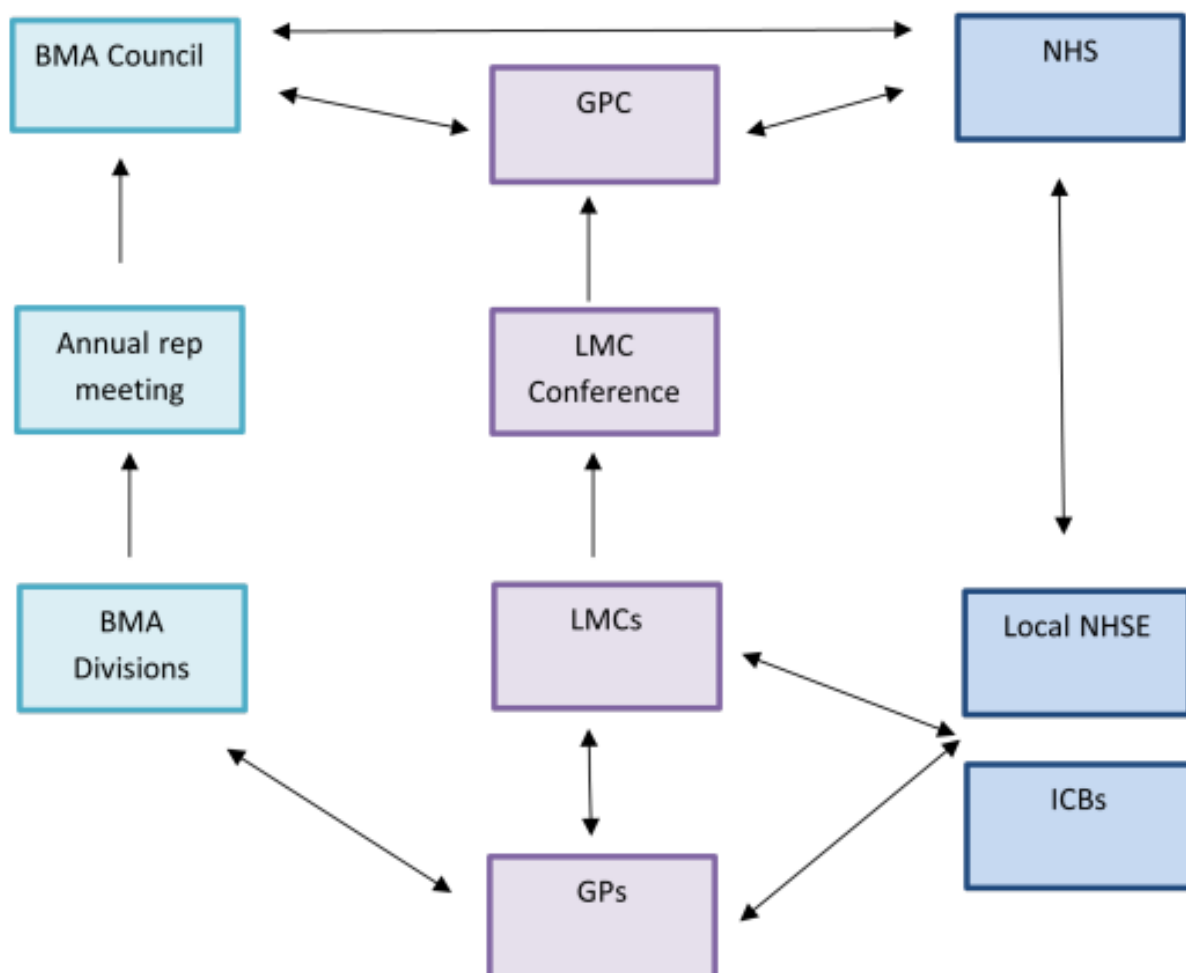
A Resource

Provides advice and support for all GPs in all matters affecting their professional lives and activities.

History of LMCs

Following the introduction of the National Health Insurance Bill (which would later transform into the National Health Service) in 1911, the British Medical Association (BMA) successfully argued that local committees of 'panel doctors' should be given statutory recognition. The BMA suggested that 'there should adequate medical representation on Local Health Committees and statutory recognition of Local Medical Committees (LMCs)'. As a result, LMCs gained their statutory status and began functioning in their current format. The following year, the BMA established a national committee to represent the combined interests of the LMCs and this group later became the General Practitioners Committee (GPC).

The LMC and the wider world



How are LMCs funded?

Statutory levy

All LMCS in England are funded by a statutory levy. This amount is collected from practices through ICBs and is based on an amount per patient.

This money funds office/ officers of an LMC. It also funds the representative committees with representatives being paid per attendance and reimbursed travel expenses.

This rate is set by each LMC.

National Levy

In addition to the statutory levy, LMCs collect a national levy. This is a separate levy which is collected to fund the GPC, the GPDF and supports national negotiations regarding General Practice.

This rate is set by the GPDF and is also based on an amount per patient.

LMC Conferences

- LMCs mandate the General Practitioners Committee (GPC) to act on behalf of general practitioners across the UK/England
- Conference enables the democratic debating of motions that then forms GPC policy
- The link to the medical profession's trade union (BMA) marks us out as unique as a representative body and is clearly different to GP federations/PCNs etc
- There is normally an annual UK and separate England, Scotland, Wales, and Northern Ireland LMC Conference with occasional Special Conferences.



The 5 LMCs

The Consortium of LMCs comprises of five autonomous LMCs within Lancashire and Cumbria:

1. Lancashire Coastal LMC
2. Lancashire Pennine LMC
3. Central Lancashire LMC
4. Morecambe Bay LMC
5. Cumbria LMC



It is an umbrella organisation providing services to 245 practices. This enables a critical mass of support, specialisation and expertise to be provided to the five LMCs, their GPs and Practices. This is of benefit in dealing with high level negotiations with NHS England Area Teams, ICBs and other statutory bodies. It is also vital in providing the necessary level of support to individual GPs and practices.

The Chairs and Treasurers of the LMCs meet with the officers of the Consortium to set the direction of travel and agree service priorities, share approaches to policy issues and exchange views. The budget for the Consortium Office is also approved at this level. LMCs determine their own budgets and working arrangements.

For all the LMCs, Member's term of office is four years with half the committee retiring every two years. The positions of Chair, Vice Chair and Treasurer are re-elected every two years.

To see the lists of committee members [visit our website.](#)





OUR SERVICES

Every LMC across the UK is different and being one of the biggest LMCs means we can offer more services.

We offer support in all things General Practice such as the following:

- Advice & guidance
- Complaints
- CQC Inspections
- Premises
- GP Remuneration
- GP Contracts
- Partnership Affairs
- GP Performance
- Resilience
- QOF
- Income
- Enhanced Services

We also provide additional services including:

- Support & Development Service
- Partnership agreement drafting service
- NHSE GP Resilience Programme
- Training & Events
- Website practice vacancies adverts
- HR Service
- Sessional GP Support





Additional Services

The Support & Development Service

We offer a free, confidential, and independent peer/ pastoral support services that we provide for all GPs and Practice Staff across Lancashire and Cumbria. This service is provided by GPs and Practice Managers.

As a GP or PM, you spend all your energy supporting others. This can mean that in challenging times or transitions you may be reluctant or too pressured to seek support or a fresh input. Likewise, roles in the admin team are like no other outside the NHS and the daily challenges are not always easy to meet.

Therefore, a confidential chat with an empathetic colleague, with no bestowed interest, could make a huge positive difference to keep you in control of potential issues and/ or to keep you enthusiastic about your work. Whether you need support or a challenge to develop further, our service offers the opportunity for you to receive this from our list of mentors.

Please visit [our website](#) for further information or get in touch with [Mariah](#) (GPs) or [Toni](#) (Practice staff)

Partnership Agreement Drafting Service

Having an up-to-date partnership agreement in place protects you as an individual and your practice, identifying responsibilities and obligations of partners at a practice. It is a vitally important document which should be provided to any incoming partner.

The LMC offers a drafting agreement service partnered with a specialist law firm who specialise in partnership and contract law ensuring legal accuracy.

Having an agreement is more important than ever and with that being said, if you are interested in getting one of our bespoke agreements drafted then please contact [Abi](#) or visit our [website](#) for more information.

NHSE GP Resilience Programme

The GP Resilience Programme supports practices and PCNs in providing diagnostic services and delivering bespoke support packages to help them become more resilient and sustainable. Please visit [our website](#) or get in touch for more information on how we can help you access funds and make a real difference in dealing with the pressures you are experiencing.



Training & Events

The LMC Training portfolio has been growing and developing since its inception in 2015. Our sessions are delivered by highly skilled and experienced trainers, who are specialists in their fields, and we have consistently received excellent feedback. Our training was originally tailored for Practice Nurses and Managers but now extends to other practice staff, including administrators and receptionists.

For more information and to see what training we provide please see LMC Training and Events on [our website](#), Or contact our Events & Administrative Officer: Rebecca.noblett@nwlmcs.org

LMC HR Service

The LMC offers free HR advice provided via email, phone and/ or face to face. Advice is provided by an experienced HR team supported by a specialist legal firm. HR support ranges from, but is not limited to:

- TUPE/ Mergers
- Discipline
- Grievance
- Sickness management
- Performance / Capability
- Organisational change
- Employment Contract templates
- Policy templates
- HR training events

We also offer a yearly employment indemnity insurance cover, hosted by AXA. For further information visit [our website](#), contact stevie.simpkin@nwlmcs.org or arrange for us to meet to you!

Sessional GPs

The LMC represents all GPs including salaried and locums. We are aware it can be an issue for locum GPs not being able to receive vital information which is normally distributed via emails to GP Practices. The LMC has a distribution list where we keep sessional GPs up to date with prescribing tips, alerts, clinical education events and newsletters.

We organise Sessional GP meetings who meet bi-monthly online and/ or in Preston from 19:00 – 21:00. Guest speakers are often arranged followed by a business meeting covering issues relevant to Sessional GPs. All Sessional GPs are welcome.

If you wish to attend any of the meetings, be added to our sessional GP distribution list or want to know more information, please visit [our website](#) or contact maria.mulberry@nwlmcs.org.

MEET THE TEAM



Adam Janjua

Chief Executive Officer

✉ adam.janjua@nwlmc.org

My name is Adam Janjua. I'm the Chief Executive Officer for the consortium of Lancashire and Cumbria LMCs. I've been a GP since 2009, having completed my GP training on the Fylde Coast. I started my NHS leadership journey in 2011 when I joined the Fylde and Wyre Clinical Commissioning Group (CCG), where I held various leadership positions starting as the Vice Chair, and ultimately being appointed its Chair in 2019. When ICBs were created in 2022 I was appointed a Clinical Director of place for the ICB until I left to join the LMC in July 2023. As the CEO of the Local Medical Committee Consortium, my primary focus will be on fostering a supportive and collaborative environment where every GP feels valued and empowered. I am committed to advocating for our profession and ensuring that your voices are heard at local, regional, and national levels.

MEET THE TEAM



Faye Tomlinson

Chief Operating Officer & Secretary to Lancashire Coastal LMC

✉ faye.tomlinson@nwlmc.org

Hi, I am Faye. I am the Chief Operating Officer for the Consortium of LMCs, having worked for the consortium since 2015. I have responsibility for the coordination of support to each LMC, managing the consortium office team and LMC resources so that the provision of support meets individual and practice needs. I also work closely with ICB colleagues on current and ongoing primary care issues.

Jess Tomlinson

Executive Lead for Central Lancashire

✉ jessica.tomlinson@nwlmc.org

Hello, my name is Jess. I joined the LMC back in 2013 and have been in various roles during my time here. I am the Executive Lead for Central Lancashire – covering Preston, Chorley & South Ribble and West Lancashire. I lead on PCN/INT development and Digital for the Consortium. My responsibilities also include assisting practices with handling complaints, offering training to practices and GP trainees and providing support for GPs in relation to performance concerns.



Ross McDuff

Executive Lead for Lancashire Pennine

✉ ross.mcduff@nwlmc.org

Hi, I'm Ross. I joined the LMC in 2019 and have held a number of roles in my time here. I am the Executive Lead for Lancashire Pennine – covering East Lancashire and Blackburn with Darwen. I hold a lead role for the consortium on a number of areas, including: Estates, Information Governance, Quality Contracts (including LIS & LES) and firearms licensing. I also have a liaison role with other NHS stakeholders including NWAS and Community Pharmacy colleagues.

MEET THE TEAM



Abi Askew

Executive Lead for Morecambe Bay

✉ abigail.askew@nwlmcs.org

Hi, I'm Abi and I have worked at the LMC since 2016. I am the Executive Lead for Morecambe Bay LMC covering Carnforth, Lancaster, Morecambe, Barrow & Furness & South Lakes. I also work as the Operations Manager for Fylde & Wyre supporting Practices and PCNs in that locality. I set up the Partnership Agreement Drafting Service in 2020 and I currently lead on this, drafting agreements for partners across all 5 areas of our Consortium. My responsibilities also include the GMS contract.

Toni Parker

Executive Lead for NEW Cumbria

✉ toni.parker@nwlmcs.org

My name is Toni Parker, I am The Executive Lead for NEW Cumbria and the Practice Support & Development Service Manager at the LMC. I have been in this role since October 2019. The Practice Support & Development Service offers support, development and networking meetings to Practice Managers, Assistants and Admin Teams. I am also the Blackpool Operational Manager, support Practices and PCNs in that locality. In addition I lead on CQC and offer a Conflict Management workshop to Practice staff.



Mikaela George

LMC Support Officer

✉ mikaela.george@nwlmcs.org

Hello! My name is Mikaela and I've been at the LMC since 2021. I provide support to the Lancashire Coastal, Morecambe Bay and NEW Cumbria areas as well as each GP Leadership Team in these areas. I am also responsible for Safeguarding, Conferences, Elections and help to support the LMCs CEO and COO.

MEET THE TEAM



Mariah Mulberry

Member Services Lead

✉ maria.mulberry@nwlmc.org

Hi! My name is Mariah and I have been at the LMC since 2017. I lead on Communications, Sessional GPs, the GP Support & Development Service, Advice & Guidance and liaison for the Consortium. I am also the Coordinator for the LMC Support Network.

Rebecca Noblett

Events & Liaison Officer

✉ rebecca.noblett@nwlmc.org

My name is Rebecca and I have been at the LMC since 2019. I organise all training and events at the LMC and also provide support to Pennine and Central Lancashire LMCs.



Stevie Simpkin

HR Service Lead

✉ stevie.simpkin@nwlmc.org

My name is Stevie and I have been at the LMC since 2016. I am the HR Service Lead and CIPD level 5 qualified. I am responsible for planning, maintaining and developing the LMC HR Service to all GP Practices across the consortium footprint.



Please let us know if you have any questions and/ or if we can help you with anything!



01772 863806



www.nwlmcs.org



@nwlmcs



Enquiries@nwlmcs.org

